

Evaluation as a tool for sustainability

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Risk factors

- Quiet and reserved
- Unstable accommodation
- Unemployed - back injury
- Intervention order
- Feeling isolated.
- At risk of self harm

Evidence of change

- Discuss some of the challenges and failings
- The shed gave him purpose
- Taken on leadership role
- Built friendships



What are the identified needs of the community you are working with?

Why do you want to do this project?

How will you carry out the project?

Who will be involved in the project?

Provide a sense of achievement, community building/strengthening in a supportive (and supported) and safe environment.

This project will fulfil a sorely needed gap with respect to men's health and men's mental health in particular, both for participants who go to the shed seeking help and for those participants who go to the shed to provide help.

Services as those listed, directed towards men (ie "male friendly") are practically non-existent.

The shed will be a space in which men of the local and neighbouring communities can socialise, interact, learn new skills, exchange knowledge and ideas, receive male friendly advice/counselling and support, mentor young people (particularly young people on the land) and become involved in meaningful activities

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Process Evaluation

- Database with 60 men registered
- 3 sessions per week, 48/52
- 9 outings during the year
- Mix of woodwork, metalwork and a cooking program is also run twice yearly for 6 weeks
- Engaged with 3 local community based organisations and supported them with maintenance projects, toys for their playgroup and odd jobs.

Qualitative Methods

- Participant observation (keeping a journal)
- Focus groups
- Semi structured interviews
- Men recording their own stories
- Photographs
- Questionnaires (pre and post)

Whittlesea Men's Shed Social Capital and Health Behaviour Evaluation Tool

Date:

Time:

Location:

Name:

Networking/social connection:

Health behaviour:

Shed mood:

Other:

Sustainability???

- Reporting to funding bodies
- Use in the media/promotion
 - Media article*'Johnny be Good'*
- Content for presentations to potential partners – people like colour
- Feedback to your local community/participants
- Future Funding submission
- Build the evidence base

Whittlesea Men's Shed Relationship Map

