

The Eastern Region Men's Shed



City of Burnside
Coordinator Evan Reay

Eastern Region Men's Shed

Our Shed Background

and

What Maintains Our Shed



ON MEN'S SHED

St. Matthews

Background

- Auspiced by City of Burnside
- Going for 3 years
- Regional HACCC program (Federal funding)
- Social program for men over 65
- 4 groups per week 3 – 4 hours each
- Up to 11 men per group
- \$3.00 fee per group

EXIT



What Maintains our Shed

- Stability
- Variety of Projects
- Options of Involvement
- Values
- Enjoyment

Stability

- Participants know the shed will be open
- Participants know that there will be staff
- Funding to ensure ongoing survival
- Group times remain stable
- We all know the rules and guidelines
- The Shed as a support







Adolescent Fiction



Variety of Projects

- Set projects
- One off projects
- Individual projects
- Group projects







An interesting piece of furniture





N REG ENS SHED



City of



St. Matthews

side



Options of Involvement

- Flexible hours
- Time off is okay
- “Supervising” is okay
- Working hard is okay
- Individual level







Values

- Helping others to help ourselves
- Share the load
- Respect
- The Shed as a positive place
- Everyone has responsibility and control



EASTERN REGION MEMBERSHED







Enjoyment

- Encourage yarns and jokes
- Welcome new members go out of your way to make them feel welcome
- Camaraderie
- Gentle stirring
- Bus trips (occasional)
- Respect
- Read the paper
- Encourage family and friends





ALL WORK IS DONE IN THIS AREA

Handwritten notes on a whiteboard or paper.

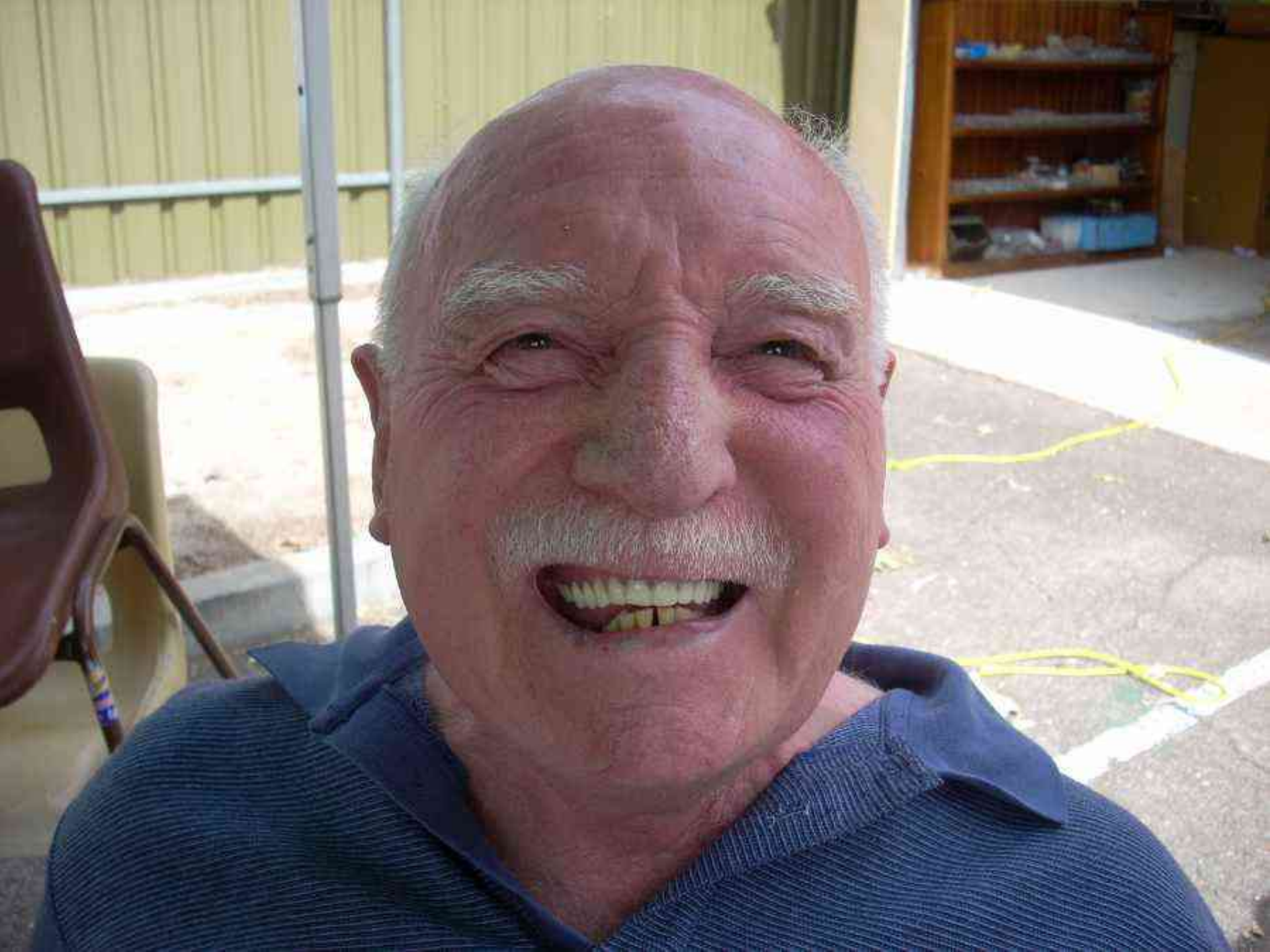
Men's Shed Friday Group

Do to unavoidable circumstances
the Friday Shed group for Friday
14th of March 2008 will be
starting at 11.00am.
The shed will be open till 3.00pm













**“It’s great to be around
a bunch of blokes again.”**